

# Contents



For Parents And Caregivers.....	ix
For The Teen/Young Adult Reader: This Book's For You! .....	xiii
Introduction.....	xv
Chapter 1     What's This Thing Called Social Thinking?.....	1
Chapter 2     People and Their Thoughts Matter! .....	13
Chapter 3     Change—It's a Good Thing!.....	27
Chapter 4     Hanging Out: How Do People Magically Pop into Groups? .....	37
Chapter 5     CSI: Curiously Social Investigations— Figuring Out The "Why" Behind Those Words .....	53
Chapter 6     There's a Time and a Place.....	65
Chapter 7     Social Memory ... That's What This Is All About?.....	79
Chapter 8     If I Call You a "Friend" on Social Media, Are You Really a Friend?.....	103
Chapter 9     Jerky and Obnoxious Moments .....	121
Chapter 10    Problems: They Spread On Contact!.....	137
Chapter 11    What's the Big Deal? I Like Being Alone! .....	153
Chapter 12    Hanging Out, Hooking Up—What's Social Thinking Got to Do With It? .....	161
Chapter 13    How Does Social Anxiety Mess with a Healthy Head?.....	175
Chapter 14    Think Forward! .....	191
Idiom Dictionary.....	205